

Specialist Tuğba KARA

Psychiatrist Doctor

General Information

Psychiatrist Doctor Tuğba KARA

Birth Day: 14.12.1981

Birth Place: Kemerhisar/Bor/Nigde

Marital Status: Married-3 Children

Education

Licence: Hacettepe University (2006)

Professional Experience: Bakirkoy Research and Training Hospital for Psychiatry / Istanbul (2008-2014)

Work Experience

Aksaray Guzelyurt Government Hospital Emergency Service (2006-2008)

Bakirkoy Research and Training Hospital for Psychiatry (2008-2014)

Nigde Bor Government Hospital (2014-2016)

Kayseri Research and Training Hospital

YokDil Score 96.75

Experience Courses

- Cognitive and Behavioral Therapy
- Acceptance and Commitment Therapy
- Sexual Function Disorder Therapy

Publications

- Distinct Clinical Characteristics of Familial and Solitary Patients with Bipolar Disorder. (Journal of Mood Disorder)
- The Role of Metacognitive Processes and Emotional Schemas in Obsessive Compulsive Disorder (Journal of Cognitive – Behavioral Psychotherapy and Research)

Education

- Prof. Dr. Hakan Turkcapar Cognitive and Behavioral Therapy Courses
- Doc. Dr. Fatih Yavuz / Acceptance and Commitment Therapy Courses
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Continuing Educations

- Cognitive and Behavioral Therapy Supervision Education
- Acceptance and Commitment Therapy Supervision Education
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Association Memberships

- The Association for Contextual Behavioral Science (ACBS) – Psychotherapy Association USA